Message From Leadership
Mission, Vision, Values
Our Services
50 Years of Service
Reaching New Spaces
Program Spotlight: School-Based Health Center Expansion
Program Spotlight: Early Childhood Mental Health Consulting Program
Program Spotlight: Trusted Messenger
Mental Health Services
Medical Services
Supportive Services
FY23 Events & Volunteers
FY 23 Supporters
Corporate Partners
Volunteer Opportunities
Financials
MESSAGE FROM LEADERSHIP

Dear Friends,

Welcome to our 2022-2023 annual report. Over the last fiscal year, CFA has seen a period of tremendous growth and remarkable progress.

Our waiting rooms are bursting with clients seeking help. We are doing everything we can to keep up with the demand in the most effective way possible for our clients while tackling a severe workforce shortage and fiscal restraints common to many agencies in southeastern CT.

Recognizing this growing need for mental health support in our community, CFA opened two new outpatient mental health clinics in Westbrook and Pawcatuck, CT. These clinics are thriving and mark four CFA-operated outpatient mental health clinics in Southeastern CT.

Additionally, we've had a once-in-a-generation opportunity to transform how mental health crisis support is accessed and delivered to children in emotional distress through three exciting new initiatives - the Early Childhood Mental Health Consulting Program, the Urgent Crisis Center, and the expansion of our School-Based Health Center program.

We are profoundly grateful to those who support, fund, and donate to aid our mission. We hope you will enjoy our 2022-2023 Annual Report, and thank you for being with us on this journey to assist our families, friends, and neighbors in achieving their healthiest and happiest lives.

Our grateful best wishes,

Lisa Otto, LCSW  Terry Burbank
Chief Executive Officer  Board Chair

OUR MISSION
To provide equitable mental health, medical, and supportive services in accessible ways to meet the evolving needs of our communities.

OUR VISION
Assure community health and well-being through innovative leadership and sustainable partnerships.

OUR VALUES
Quality  Compassion  Respect  Integrity  Inclusion  Transparency  Adaptability

Lisa Otto, LCSW
Chief Executive Officer

Terry Burbank
CFA Board Chair
Our Services

Mental Health Services
- Adult Outpatient Treatment
- Child Guidance Clinic
- In-Home Programming
  - Child First
  - Functional Family Therapy
  - Multi-Dimensional Family Therapy
- School-Based Health Center
- Urgent Crisis Center

Medical Services
- School-Based Health Center
- Community Bridge Clinic

Supportive Services
- Child Welfare Programming
  - Intimate Parter Violence
  - Intensive Family Preservation
  - Reunification-Therapeutic Family Time
- Early Care and Education
- Early Childhood Mental Health Consulting Program
- Family Resource Centers
- Healthy Futures

Learn more about our

Our Service Area

CFA provides services to a third of Connecticut including:

1) New London County
2) Windham County
3) Middlesex County

Our headquarters is located in New London, Connecticut.

The Agency annually serves over 10,000 children, families, and adults through our mental health, medical, and supportive services.

Scan for a full list of our locations.
On November 10, 1972, CFA became incorporated within the State of Connecticut with the purpose to assist individuals and families, both adults and children, who face adversity. The Agency’s official name became Child and Family Agency of Southeastern Connecticut, Inc. (CFA). Since then, CFA has been at the forefront of social service development in southeastern CT.

We have enriched our community through accessible, high-quality programming and are dedicated to ensuring access to quality programs and services that will enhance lives, shape futures, and provide a tangible measure of hope.
In 1986, CFA began providing mental health services to the children and families of Middlesex County through their Child Guidance Clinic. The clinic, originally located in Essex, CT, provided essential access to life-changing services. In 2014, the clinic expanded its reach to provide outpatient mental health treatment to adults. In September of 2022, the Agency relocated its services from Essex to Westbrook, CT, the neighboring city. This move was in response to changing community need, bringing CFA closer to more vulnerable residents. This more accessible location is directly off the bus line, for those clients who may have transportation barriers to care, and only a short distance off the highway.

Establishment of New Outpatient Clinic

Stonington and North Stonington are comprised of pockets of great wealth and equally great poverty, much of which is located within the subsection of Pawcatuck. Through partnership and advocacy with state and local leaders, CFA opened a new outpatient mental health clinic to address the significant lack of mental health resources available to low-income residents. CFA's Pawcatuck clinic marks its fourth clinic offering evidence-based mental health treatment and psychiatry care. This new space, located at 37 South Broad Street, is within walking distance of the highest needs individuals and families in the area, eliminating barriers to high-quality care.

Walk-In Counseling Services

Scan the QR code or visit ChildandFamilyAgency.Org/Open Access
School-Based Health Center Expansion

For over 30 years, CFA has been providing high-quality mental health and medical services through our School-Based Health Center (SBHC) program. SBHC provides services within local Southern Connecticut schools.

The national School-Based Health Alliance had $12,018,594.00 in grant funding to establish new SBHCs in Connecticut. CFA received an allocation of $2,971,661.00, opening nine new SBHCs in Ledyard, Stonington, Groton, and the Connecticut Technical Education and Career System.

For a full list of CFA’s School-Based Health Center locations, visit childandfamilyagency.org/school-based-health-centers/where-we-operate/

Medical Services

- School, sports, and camp physicals
- Immunizations and vaccines
- Sick and acute care visits
- Labs and prescriptions

Mental Health Services

- Treatment
- Screenings
- Assessments
- Diagnosis

Human Trafficking: A Threat to Community Health and Wellbeing

In January of 2023, CFA hosted a two day community educational event, Human Trafficking: A Threat to Community Health and Wellbeing. We were joined by Lawrence & Memorial Hospital, local schools, police officers, nurses, and mental health professionals as we explored what modern human trafficking looks like and what steps to take to help protect our community. This event was in partnership with Safe Futures. Learn more at: humantraffickinghotline.org
Early Childhood Mental Health Consulting Program

Positive early learning experiences lay the foundation for sound mental health. Research demonstrates that children, 3-8 years old, have experienced developmental gaps due to stressors the Pandemic has caused.

Early Childhood Mental Health Consulting Program is an initiative to provide mental health support to children in grades Pre-K to 2nd grade, in school and/or in their home environments.

CFA’s consultants will work with school administration, teachers and support staff, and caregivers through their primary goals of classroom support, student support, and family outreach.

Referral Information
Scan to complete the inquiry form or visit childandfamilyagency.org

FUNDER SPOTLIGHT

Representative Courtney annually receives submissions for important projects impacting Connecticut’s Second District. CFA applied and received over half a million in funding for the Early Childhood Mental Health Consulting Program! Funding will be provided by the Substance Abuse and Mental Health Services Administration (SAMHSA). SAMHSA is the agency within the U.S. Department of Health and Human Services that leads public health efforts to advance the behavioral health of the nation. Learn more at samhsa.gov
CFA is partnering with the Connecticut Health Foundation and Husky 4 Immigrants in order to share vital health insurance coverage information to immigrant and refugee families in southeastern CT. This new program is available to residents of Connecticut who have not become permanent residents and cannot access affordable insurance. This does not affect citizenship applications.

**FUNDER SPOTLIGHT**

The Connecticut Health Foundation (CHF) is dedicated to achieving health equity. They improve health outcomes for people of color and assure all Connecticut residents have access to affordable and high-quality care. Through public policy, grant making, and leadership development, we work to make lasting changes that improve lives. An independent, private foundation, CHF was created in 1999 following ConnectiCare’s conversion from nonprofit to for-profit status. Learn more at cthealth.org
CFA provides outpatient mental health services to families, children, and adults. We provide psychiatry and psychotherapy services through evidence-based therapies to address depression, family conflict, anxiety, trauma, and more.

97.1% of all clients treated improved or maintained their mental health status without needing a higher level of care.

100% of Outpatient staff are trained in at least one Evidence-Based Practice. 42.8% are trained in two or more.
In FY 2023, CFA operated 13 School-Based Health Centers (SBHC). These centers are located directly within the school, eliminating the location and transportation as barriers to accessing care.

CFA performed 8,494 mental health visits in FY 23.

In 2022-2023, CFA was the third largest provider of Cognitive Behavioral Interventions for Schools (CBITS), an evidence-based practice, in Connecticut, serving 50 students with trauma symptoms.

85.7% of youth enrolled in Multi-Dimensional Family Therapy (MDFT) reported abstaining from alcohol use.

89.9% of Functional Family Therapy (FFT) families met their treatment goals.

NEW PROGRAM

URGENT CRISIS CENTER

Location: 255 Hempstead St, New London, CT 06320

Hours of Operation:
M-F: 8:00 AM - 10:00 PM
S-Su: 10:00 AM - 10:00 PM*
*Sunday hours begin 1/14/2024

CFA’s Urgent Crisis Center provides walk-in care to youth, ages 4-18, experiencing an urgent mental health or behavioral crisis, including thoughts of suicide or self-injury, feelings of depression or anxiety, or substance misuse.

We offer crisis stabilization support, comprehensive mental health assessments, collaborative safety planning, and more. This voluntary program requires consent, presence, and participation.
In FY 2023, CFA operated 13 School-Based Health Centers. CFA’s Medical Services supplement the medical care received from a child’s primary care physician.

In FY 23 our SBHC medical program performed 5,875 medical visits.

SBHC administered vaccines to 1,110 unique users.

**Community Foundation of Eastern Connecticut**

The Community Foundation of Eastern Connecticut works towards a healthy, thriving, sustainable Eastern CT. They put philanthropy into action to address the needs, rights and interests of our region, while fulfilling the passions of their donors. Learn more at cfect.org
Community Bridge Clinic offers high-quality medical care and on-site behavioral health referrals for children and adult residents.

In 2023, the Bridge Clinic provided more than 230 vaccines for 117 unique users, including 45 COVID-19 vaccines.

Healthy Futures is a program for expecting parents and families with children, birth - 5 years old.

86% of enrolled children attended their most recent well child visit.

75% of enrolled mothers who enrolled prenatally or delivered within 30 days of enrollment accessed postpartum health care appointments.
Through our two centers, our Associate and Bachelor level teachers provide a play-based curriculum that meets the individual needs of each child, helping them to meet developmental milestones and prepare for school.

89% of the children served met all of their social/emotional, cognitive, physical and creative expression developmental milestones.
Family Resource Centers provide access for Groton and New London families to a broad continuum of early childhood and family support services which foster the optimal development of children and families.

100% of the children/families served were provided information on resources that help them reach their goals and address their needs including food, clothing, housing, heating assistance, child development and parent education.

The Early Childhood Mental Health Consulting Program is an initiative to provide mental health support to children in grades Pre-K to 2nd grade, in school and/or in their home environments.

This program is available to schools and caregivers in Ledyard, New London, and Groton.

Questions should be directed to PegnataroT@ChildandFamilyAgency.org or calling (860) 437-4550 ext. 1715
Events
July 1, 2022 - June 30, 2023

Run or Walk for Mental Health Awareness

CFA Golf Tournament

FY 2023 Volunteers

Deetsie Bradford
Terry Burbank
Suzie Canning
Mary Dangremond
Zhuning Gao
Bob Myers
Sally Myers
Liz Palazzo
Derek Pirruccello
Jay Rasleigh
Pat Varholy

Bouvier Brigade
Bouvier Insurance

Cindi Bean
Chelsea Cannon
Tanya Deveau
Rachel Holt
Lexy Monroe
Mark Spinnato
Nicole Spinnato
Ashley Wallace
Kara Walters
Melissa Yuchniuk
THANK YOU

Our Corporate Partner

Silver Level

SALTWATER FARM VINEYARD

FY 2023 Supporters

July 1, 2022 - June 30, 2023

Jo Ann Aldred
Mr. & Mrs. George Allen
Mr. & Mrs. Louis Allyn
David & Charlene Amacher
Marietta Anderson
Mr. George A. Anderson
PQ Anonymous
Ms. Ally Arbour
Mrs. Glenn Arthur
Ms. Suzanne Badgett
Dr. & Mrs. Robert Ballard
Mr. Neil Ballotte
Bank of America Matching Gift Program
Mr. Brad Barcusky
Deborah & Geoffrey Barnes
Dawn Barrasso
Anne Bartholet
Mr. Chuck Bartnicki
Mr. & Mrs. Truman Bassett
Mr. & Mrs. Elwin Baxter
Ms. Cynthia Bean
Mr. & Mrs. Thomas Beers
Ms. Geri-Anne Benning
Mr. & Mrs. William Bertsche
Mr. & Mrs. Rudolph Besier
Bessemer Trust
Deborah Blackwood
Jared Bloxsom
Neal & Jane Lassen Bobruff
Bodenwein Public Benevolent Foundation
Eileen Boehme
Cathy & Steven Bokoff
Bouvier Insurance
David Bower
Mikalya Bozym
Mr. & Mrs. Wilson G Bradford
Sam Bradford
Wendy Brainerd
Mr. & Mrs. Charles Brinley
Maryellen Brousseau & Jack Kohanim
Mrs. Pauline Brown
Brown & Knapp, LLC
Mr. Austin Brunero
Brustolon Buick GMC
Mrs. Irene Buckley
Mr. & Mrs. Richard Bucklin
Mr. Richard Buel Jr.
Teresa & Scott Burbank
Mr. & Mrs. Paul Burdick
Mr. James Burke
Monica Burnett
Mrs. Joan Butler
Ms. Kathy Calnen
Ms. Lori Calobrisi
Mr. & Mrs. Richard D. Calvert
Mr. & Mrs. Garon Camassar
Mr. & Mrs. William Canning
Dr. & Mrs. I. Lee Cantner II
Peter Garcia
Melinda Elliott Carlisle
Dr. & Mrs. Steven Carlow
Brenda Cartmel
Mr. Thomas Carty
Ms. Alexis Castelli
Mr. & Mrs. Christopher Cathcart
Mr. Scott C. Celey
Ruth Celotto
Mr. & Mrs. James Chambers II
Danielle A. Cheesebrough
Chelsea Groton Savings Bank Foundation
Chester W. Kitchings Family Foundation
Children's Dental Assoc. of NL County
Mary Lou Chincester
Mr. & Mrs. William Christopher
Lawrence & Cynthia Clark
Mr. Lawrence T. Clay
Philip & Clio Coles
Ms. Lindsay Colucci
Mr. Harwood Comstock
Community Foundation of Eastern CT
Ms. Ann G. Connolly
Margaret Contino
Dr. & Mrs. Leonard Copertino
Sally Cornish
Mr. & Mrs. Ronald Correll
Ms. Jordyn Correll
The Honorable & Mrs. Emmett Cosgrove
Mrs. Nancy Cowden
Karen & Anthony Cravinho
Drs. Sally & Tom Crawford
Mr. Austin Creamer
Dr. & Mrs. John T. Curtiss
Mr. John Cusano
Karen Dahle & Susan Hessel
Ms. Alexa Daitch
Mr. Peter Daitch
Kathleen & Dick Daniele
David J. Davies
Mr. Gerald N. Davis
Mr. William DeJonge
Mr. Gabriel de la Cruz, Jr.
Mr. Jay E. Delgrosso
Mr. David Denison
Maggie Dennis
Densmore Oil
Mr. Frank S. Denton
Tanya Deveau
Mr. & Mrs. Guy DiMaggio
Dime Bank
Dominion Employee Giving Program
Nancy & Thomas Downie
Don & Jean Doyle
Mrs. Joan Dreger
Dr. & Mrs. John R. Drew
Alex Duguay & Lauren Baxter
Ms. Linda Edgar-Yost
Carly Egan
Electric Boat Management Association
Sarah Elton
Ms. Laurie Enderle
Constance & Peter H. Engelking
Essex Lions Club
Event Group Contributions
Mr. & Mrs. Edward Ettinger
Susannah & Charles Everett
Mr. Ken Ewell
Mr. & Mrs. William C. Feeley
Andrea & Ira Feinberg
Deborah & John Felty
Mr. & Mrs. Harry Ferguson
Mr. & Mrs. George Finlayson
Mr. & Mrs. Jerome E. Fischer
Mr. & Mrs. Stuart Fishbone
Ms. Emily T. Fisher
& Mr. Evan Griswold
Florence & Raphael Shafner Charitable Fund of CFECT
Mr. Andrew Flurer
Stephen & Joann Flynn
Hon. Paul Formica
Katrina Fossa
Delia Chumpitazi Foye
& Richard Foye
Frank Loomis Palmer Fund
Dr. & Mrs. Richard Fraser
Ms. Rebecca Frechette
Sean Freeland
Mr. Patrick Gallagher
Mr. Paul Galligan
Mr. & Mrs. Ricahrd Gauthier
Gallup Hill Baptist Church
Gardiner Family Foundation
Mr. & Mrs. Richard Gauthier
Ms. Jeanne Gemma
Ms. Audrey Generali-Gianetti
Ethis Gerity
Mr. & Mrs. Richard Gipstein
Arthur E. Girard
Anna & Tim Goddard
Ms. Pauline Godwin
RADM & Mrs. David Goebel, Ret. USN
Goodfriends Veterinary Clinic
Garrett & Priscilla Green
Nancy D. Guerin
Mr. & Mrs. Robert Gunn
Mr. & Mrs. Frederick Haberlandt
Marilyn Halbing
Nancy Hall
Mr. Kevin Halter
Ms. Grace Hamilton
Ted & Pamela Hamilton
Mr. & Mrs. Ullyses Hammond
Carol & Robert Harlan
Ms. Leah A. Hartman
Ms. Mary Stone & Mr. Joel Hawkins
Wen He
Ms. Janice Healy
Pamela Hellwig
Mr. Robert Hernandez
Mr. & Mrs. Barrie Hesp
Susan Hessel & Karen Dahle
Sherri Burdette & Walter E. Hewitt
Hibiscus Home Care LLC
Ms. Judith A. Hicks
Mr. Robert Hill
Mrs. Muriel Hinkle
Mr. & Mrs. Morris Hodge
Charlene M. Hough
Mrs. June Hoye
Hoyt, Filippetti & Malaghan, LLC
Caitlin Hyde
Mr. & Mrs. Charles Irving
Mr. & Mrs. William Christopher
Janney Montgomery Scott LLC
Deborah Jans
Jeffrey N. Mehler, CFP, LLC
Mr. & Mrs. Ronald L. Jensen
Mrs. Suzanne Joffray
John & Michele Welch Family Fund
Mrs. Susan H. Johnson
Ms. Nancy Joly
Jewell Jones
Mr. & Mrs. Eric M. Jones
Ms. Lori Jones
Jewell Jones
Dr. Mary Ellen Jukoski
& Dr. Matt McLoughlin
Jennifer King
Kleen Sweep Ventures, Inc.
Irene Knowles
Edward Kolnaski
Dr. Renu Kothari
Mr. Edward Krupinski III
Mr. & Mrs. Robert V. Krusewski
Donald & Claudette Lagasse
Mary & John LaMattina
Elizabeth Lambert
Kristin Lambert
Laura & Kieran Mooney Charitable Fund at Schwab
Kimberly & Frank Lavigueur
LAZ Parking
Elizabeth & John Leamon
Mr. & Mrs. Andrew Lee
Ms. Barbara Lenhardt
Lizabeth & Stephen Levy
Mr. Dane Lewis
Mrs. Valerie Lewis
Dr. & Mrs. William Lieber
Lieber Family Fund of the Community Foundation of Eastern CT
Mr. & Mrs. Raymond R. Linda
Mr. Samuel Lyman
Julie Sanderson Lyman
Charlotte Lyman
Lyman Real Estate Brokerage & Development
Carole V. Mackin
John E. Madsen
Theodore Malek
Marilynn Malerba
Ms. Marlise Malkames
Mr. John Maney
Mrs. Dolores Markowicz
Mr. & Mrs. Tom Marra
Marra Family Fund of the Ayco Charitable Foundation
Nancy & William Marston
Mr. & Mrs. Luis Martinez
Carol Marzetta
Ms. Eileen Mastrio
Maxine Mawus
Mr. & Mrs. James Mayne
Dr. James McArav
Mr. & Mrs. James M. McCormack
Mrs. Mary McDonald
Jane Morse McLean
Mr. & Mrs. John McLean
Dr. Mary Ellen Jukoski & Dr. W. M. McLoughlin
Mr. & Mrs. Thomas G. McLoughlin
Mr. & Mrs. Frank McNally
Mrs. Leo McNamara
Mr. & Mrs. James McQuade
Phyllis P. Meyer
Mr. & Mrs. David Miceli
Mr. & Mrs. Philip Michalowski
Ronald F. Milardo
Christie Moll
Mom’s Club of Groton
Ledyard Mystic
Dr. &Mrs. Kieran Mooney
Mr. & Mrs. Peter Moore
Ms. Tiffany Morton
Karen Murphy
Doreen Murphy
Robert F. Mushinsky
Mr. & Mrs. Robert F Myers
Mystic Congregational Church
Mystic Woman’s Club
Lauren & Joseph Nagel
Mr. Michael Nahornick
Kathleen Naperth
Mr. & Mrs. John F. Niblack
Niantic Lion’s Charities Inc.
Heidi & John Niblack
Amy Nixon
Valerie & Kevin North
Willard & Nancy Northrop
Mr. & Mrs. David Noyes
NPL Construction Co.
Nurse Family Partnership
Mr. Robert Nussbaum
Mrs. Kathleen O’Beirne
Mr. Lawrence H. O’Connell
Phil & Jeanne O’Connell
Sheila & Dan O’Donnell
Mr. F. Jerome O’Malley
Dorothy & Barry O’Nell
Dr. Margaret & Mr. Daniel O’Shea
Margaret M. O’Shea Education Fund
Mr. & Mrs. Daniel E. O’Sullivan
O&G Industries
Lorna Occhialini
Kevin & Caitlyn Ogilvie
Olcott & Lucy Smith Foundation
Mr. & Mrs. Demetrios Orphanides
Sharon Osaga-Dugger
Mr. & Mrs. Matthew Otto
Elizabeth Palazzo
Ms. Emma Palzere-Rea
Ms. Courtney Parkerson
Franca Parra-Polimeni
Neil Pastel
Mr. & Mrs. Michael E. Patterson
Paulson Training Programs, Inc.
Mrs. Joyce Payer
Karen & George Peacock
Mason Pellerin
Ms. Liberte Pellerin
Mr. & Mrs. George Penniman
Pequot Chapel
Ms. Makenna Perry
Peter S. Turello LLC
Philadelphia Insurance Companies
Denise Pierson
Betty A. Pinson
Mr. & Mrs. Derek Pirruccello
Mr. & Mrs. Frederick J. Platt III
Joan Poggioli
Ms. Karen Prendergast
Mr. & Mrs. Kenneth Prescott
Romana & Charles Primus
Ms. Patricia Proctor
Mr. Kenneth Przybysz
Sara Qua & Anthony Piccirillo
Robert & Susan Ramsay
Anne & Robert Ravenscroft
Rosemary & Paul Reid
Carl & Kathy Reidemeister
Dr. George & Marie Reilly
Mr. & Mrs. Carl Reiser
Mr. & Mrs. Chester Resenon
Bea Reynolds
Reynolds Garage & Marine
Margaret Richardson
Holly & Jeffrey Ridgway
Mary K. & Van Riley
Rita & Myron Hendel Fund
Ms. Marcie Rivera
Margot Robbins
Muriel S. Roberts
Mrs. Patricia E. Rogerson
Kimberly Rowden
Mr. & Mrs. James Rutledge
Ms. Kristina Sabilia
Nancy Salerno
Marie & Barry Saluk
William & Sheila Sanders
Anne & Fred Santoro
Dr. Craig & Pietrina Saxton
Erin & Brian Saylor
Mrs. Judith Schaaaf
Wendy Schnur
Mr. & Mrs. John Schwolsky
Ms. Faith Scimone
Mrs. Robin Sedgwick
Mr. & Mrs. Thomas Settle
Leila Shakkour
Many thoughtful people have chosen to honor or memorialize a loved one or friend by sharing in CFA’s efforts to serve children and their families in Southern and Eastern CT.

Gifts Made in Honor Of

Sharon Arnold
Lauren & Rick Scott
Julie Stone

Gifts Made in Memory Of

Alma Peterson
Anne Easton
Diane McCue
Janith Clay
Josh Burrows
Peggy Callahan

Child and Family Agency of Southeastern CT is fortunate to have dedicated benefactors supporting its mission through CFA’s Legacy Giving program.

Learn more at ChildandFamilyAgency.org/PlannedGiving

In-Kind Donations

Mr. & Mrs. Wilson G. Bradford
Mr. & Mrs. Richard Bucklin
Margaret Contino
Jewell Jones
Carole V. Mackin
Mrs. Dolores Markowicz
Mr. & Mrs. Sam Mirabito
Marcia Peterson
Ms. Deborah Pettini
Mr. & Mrs. Chester Reneson
Bea Reynolds
Kimberly Rowden
Judy & Ken Teel
Pat & David Varholy
Samer Delgado Fitness
Chelsea Groton Bank
Yale School Of Medicine, Dept of Urology
Saltwater Farm Vineyard
Shenncossett Golf Course
Cortland Park
Essex Golf & Sportswear
Norwich Inn & Spa

LEAVING A LEGACY

2022-2023 Legacy Society

PQ Anonymous
Mr. & Mrs. Elwin Baxter
Mr. & Mrs. Wilson G. Bradford
Mr. & Mrs. Richard D. Calvert
Lynn & James Fairfield-Sonn
Mr. & Mrs. Harry L. Ferguson
Mr. & Mrs. Thomas Gullotta
Elsie H. Johnson
Mr. & Mrs. Jeffrey Lovelace
Mr. James Lundborg
Julie Sanderson Lyman
Jane Morse McLane
Mr. & Mrs. Robert F. Myers
Mr. Arthur A. Nagel
Dr. Margaret & Mr. Daniel O'Shea
Ms. Patricia Proctor
Mr. & Mrs. James Rutledge
Ms. Famah Sells
Mrs. Julia Stone
Learn more about our growing volunteer opportunities by visiting our website, www.ChildandFamilyAgency.org

CFA Volunteer Opportunities

Garden Club

Help maintain the gardens at our New London and Groton locations.

Gardens include the Smith Bent Children’s Center, CFA’s Urgent Crisis Center, the CFA Library, CFA’s Groton Outpatient and Early Childhood Development Center.

Events

Volunteer at one of CFA’s upcoming events! Opportunities include ticketing and registration, marketing, sponsorship or donation acquisition, photography, and more!

See below for a highlight of our upcoming events!
Learn more at www.childandfamilyagency.org/events

Touch A Truck
May 4, 2024

CFA Golf Tournament
May 20, 2024

CFA at Saltwater Farm Vineyard
August 2024

Run/Walk for mental health awareness 5K
September 28, 2024

Polar Express: Wrapping Elves

Help make the holidays extra special for a family in need. Join our Wrapping Elves team and wrap presents for some of our at-risk client families.

CFA Ambassador

We’re seeking people who believe in our mission to join our hard work! This is your opportunity to collaborate with CFA staff and make meaningful contributions to our community.

Contact Sue Fage to Learn More
FageS@ChildandFamilyAgency.org
2021 - 2022 Financial Review

July 1, 2022 - June 30, 2023, Pre-Audit

Summary of Operating Revenue / Expenses

Revenue 2022 - 2023
- School-Based Services: 18%
- Counseling Services: 48%
- Advancement: 2.5%
- Early Care & Education: 12.5%
- Admin: 19%
- United Way: 1%
- Client & 3rd Party Fees: 24%
- Other & Investment Income: 4%
- State & Federal Grants: 68%

Expenses 2022 - 2023
- School-Based Services: 18%
- Counseling Services: 48%
- Admin: 19%
- Advancement: 2.5%
- Early Care & Education: 12.5%

Total Revenue
- 2021-2022: $15,986,402
- *2022-2023: $17,477,614

*Transfers to Operating Cash Account totaled $2,799,000

Total Expenses
- 2021-2022: $16,254,716
- 2022-2023: $20,273,142
Your donations are more important than ever as clients’ need for financial assistance for their out-of-pocket cost for treatment and services continues to grow. You can specify that your gift go to one of our programs or give an unrestricted gift, which allows us to direct the monies toward the greatest need. All gifts are tax-deductible.

WAYS TO GIVE

Executive Leadership

Lisa Otto, LCSW
Chief Executive Officer

Erin Saylor, LCSW
Chief Operations Officer

Lisa Baxter
Chief Finance and Administration Officer

Jason Lawrence
Chief Information Officer

Courtney Seely, LCSW
Managing Director Of Behavioral Health Services

Anna Goddard, Ph.D., APRN, CPNP-PC
Managing Director of Medical Services & Quality Improvement

Danielle Ladia, SHRM-CP
Human Resources Director

Medical Directors

Vijay Sikand, MD
Medical Services

Allana Lee, DO
Psychiatric Services

Board of Directors

Terry Burbank, Chair
Matthew Spring, Vice Chair
Matthew Williams, Treasurer
Carol Marzetta, Secretary

Neil Ballotte
Fred Boateng, MHA
Ellen Brown
H.B. Woody Comstock
Christine Hammond
Beth Leamon
Michelle Marra
Derek S. Pirruccello
Patricia Varholy

Trustee Emeriti

Alva Greenberg
Margaret O’Shea
Amanda Rutledge
Julia Stone

CFA’S MONTHLY GIVING PROGRAM:

Through a monthly commitment, our monthly donors provide crucial, consistent funding so that we can continue to help thousands of people who desperately need it. Learn more at ChildandFamilyAgency.org/monthly-donors/

ONLINE:

Go to www.childandfamilyagency.org/donate to donate directly through our website. You can also donate in honor or memory of someone.

PHONE:

To donate over the phone, please call (860) 437-4550 to speak with someone from our Advancement Department.

EMPLOYER:

Double your impact. Many employers will match tax-deductible charitable contributions made by their employees, retirees, and employees’ spouses. Ask your current employer about this opportunity to support a worthy cause!

LEGAL GIVING:

Leave a Legacy and make a lasting impact by including CFA in your estate plans. Visit childandfamilyagency.org/leaving-a-legacy to learn more.