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Mission
Provide equitable clinical and supportive services in accessible ways to meet the evolving needs of our communities.

Vision
Assure community health and well-being through innovative leadership and sustainable partnerships.

Values
Quality
Compassion
Respect
Integrity
Inclusion
Transparency
Adaptability
Board of Directors
Derek S. Pirruccello, Chair
Terry Burbank, Vice Chair
H.B. Woody Comstock, Treasurer
Matt Spring, Secretary

Neil Ballotte
Jerome E. Fischer
Christine Hammond
Brenda Kramer
Beth Leamon
Michelle Marra

Carol Marzetta
Shanna Reels
Julie Stone
Patricia Varholy
Matthew Williams

Medical Directors
Vijay Sikand, MD
Medical Services

Allana Lee, DP
Psychiatric Services

Senior Leadership
Allison Blake, Ph.D., MSW
Chief Executive Officer

Lisa Otto, LCSW
Chief Operations Officer

Lisa Baxter
Chief Finance and Administrative Officer

Erin Saylor, LCSW
Managing Director of Behavioral Health Services

Anna Goddard, Ph.D., APRN, CPNP-PC
Managing Director of Medical Services & Quality Improvement

Courtney Seely, LCSW
Senior Director of School-Based Health Center & Outpatient Services

Lynn Reichart
Senior Director of Early Childcare & Education

Matthew Vangieri
Senior Director of Advancement

Lauren Chaplin, LMFT
Director of Community-Based Services

Brittany Sanchez, LPC
Director of Child Welfare Services

Caitlyn Ogilvie, LCSW
Director of Behavioral Health Services

Walter Otero
Director of Finance

Danielle Ladia, SHRM-CP
Director of Human Resources

Jason Morrill
Director of Information and Technology
CFA operates throughout southern and eastern CT and is headquartered in New London, CT

1) New London County
2) Windham County
3) Middlesex County
4) New Haven County

### OUR REACH

![Map showing CFA's reach in Connecticut]

### AREA DEMOGRAPHICS

<table>
<thead>
<tr>
<th></th>
<th>Connecticut</th>
<th>New London County</th>
<th>City of New London</th>
</tr>
</thead>
<tbody>
<tr>
<td>Population living below poverty level</td>
<td>10%</td>
<td>9%</td>
<td>24%</td>
</tr>
<tr>
<td>Households receiving food stamps/SNAP</td>
<td>12%</td>
<td>11%</td>
<td>28%</td>
</tr>
<tr>
<td>Adults without Health Insurance</td>
<td>10%</td>
<td>9%</td>
<td>15%</td>
</tr>
<tr>
<td>Adults experiencing anxiety</td>
<td>12%</td>
<td>12%</td>
<td>16%</td>
</tr>
</tbody>
</table>
## FY 2021-2022

### BY THE NUMBERS

<table>
<thead>
<tr>
<th>Service Type</th>
<th>Clusters</th>
<th>1,256 Clients Served</th>
<th>279 Clients Served</th>
<th>625 Clients Served</th>
<th>7,011 Registered Students</th>
<th>129 Children Enrolled</th>
<th>256 Clients Served</th>
<th>30 Clients Served</th>
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</thead>
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<tr>
<td><strong>OUTPATIENT CLINIC</strong></td>
<td>AGE</td>
<td>GENDER</td>
<td>RACE</td>
<td>ETHNICITY</td>
<td><strong>COMMUNITY-BASED</strong></td>
<td><strong>CHILD WELFARE</strong></td>
<td><strong>SCHOOL-BASED</strong></td>
<td><strong>EARLY CHILD</strong></td>
</tr>
<tr>
<td></td>
<td>0-5: 2.1%</td>
<td>Female: 57.8%</td>
<td>White: 50.8%</td>
<td>Non-Hispanic: 45%</td>
<td><strong>THERAPY SERVICES</strong></td>
<td><strong>SERVICES</strong></td>
<td><strong>HEALTH CENTER</strong></td>
<td><strong>AND EDUCATION</strong></td>
</tr>
<tr>
<td></td>
<td>6-10: 25.5%</td>
<td>Male: 42.2%</td>
<td>Black or African American: 9.6%</td>
<td>Hispanic: 19%</td>
<td></td>
<td><strong>SERVICES</strong></td>
<td><strong>7,011</strong></td>
<td><strong>129</strong></td>
</tr>
<tr>
<td></td>
<td>11-17: 48.4%</td>
<td></td>
<td>Asian: 1.5%</td>
<td>Unknown: 36%</td>
<td></td>
<td></td>
<td><strong>Male</strong>: 67.5%</td>
<td><strong>Enrolled</strong></td>
</tr>
<tr>
<td></td>
<td>18-29: 15.1%</td>
<td></td>
<td>Native Hawaiian or other Pacific Islander: 0.4%</td>
<td></td>
<td></td>
<td></td>
<td><strong>Female</strong>: 50.1%</td>
<td><strong>Children</strong></td>
</tr>
<tr>
<td></td>
<td>30-39: 5%</td>
<td></td>
<td>Other: 4%</td>
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<td></td>
<td></td>
<td></td>
<td><strong>Enrolled</strong></td>
</tr>
<tr>
<td></td>
<td>40-49: 3.3%</td>
<td></td>
<td>Unknown: 32.3%</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>AGE</strong></td>
<td>0-3: 6%</td>
<td>Female: 54.4%</td>
<td>White: 54.8%</td>
<td>Non-Hispanic: 76.5%</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>4-7: 8.6%</td>
<td>Male: 45.5%</td>
<td>Black or African American: 10%</td>
<td>Hispanic: 13.7%</td>
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<td></td>
<td></td>
<td></td>
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<tr>
<td></td>
<td>8-12: 26%</td>
<td></td>
<td>Multiracial: 8%</td>
<td>Unknown: 9.8%</td>
<td></td>
<td></td>
<td></td>
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<tr>
<td></td>
<td>13-17: 59%</td>
<td></td>
<td>Other: 17.5%</td>
<td></td>
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<tr>
<td></td>
<td>18+: .4%</td>
<td></td>
<td>Unknown: 2.2%</td>
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<tr>
<td><strong>CHILD WELFARE</strong></td>
<td>AGE</td>
<td>GENDER</td>
<td>RACE</td>
<td>ETHNICITY</td>
<td><strong>SERVICES</strong></td>
<td><strong>SERVICES</strong></td>
<td><strong>SERVICES</strong></td>
<td><strong>SERVICES</strong></td>
</tr>
<tr>
<td></td>
<td>Under 18: 41.7%</td>
<td>Female: 67.5%</td>
<td>White: 60.2%</td>
<td>Non-Hispanic: 74.3%</td>
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<tr>
<td></td>
<td>18-24: 7.8%</td>
<td>Male: 32.4%</td>
<td>Black or African American: 8.6%</td>
<td>Hispanic: 23.5%</td>
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<tr>
<td></td>
<td>25-39: 36.1%</td>
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<td>Multiracial: 3.7%</td>
<td>Unknown: 2.2%</td>
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<td></td>
<td>40-59: 13.9%</td>
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<td>Other: 24.5%</td>
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<td></td>
<td>60-79: .3%</td>
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<td>Unknown: 2.2%</td>
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<td></td>
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<tr>
<td><strong>SCHOOL-BASED</strong></td>
<td>AGE</td>
<td>GENDER</td>
<td>RACE</td>
<td>ETHNICITY</td>
<td><strong>HEALTH CENTER</strong></td>
<td><strong>HEALTH CENTER</strong></td>
<td><strong>HEALTH CENTER</strong></td>
<td><strong>HEALTH CENTER</strong></td>
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<tr>
<td></td>
<td>0-5: 4%</td>
<td>Male: 50.1%</td>
<td>White: 44.3%</td>
<td>Hispanic: 47.9%</td>
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<tr>
<td></td>
<td>5-9: 30.4%</td>
<td>Female: 49.4%</td>
<td>Black or African American: 23.7%</td>
<td>Non-Hispanic: 39.5%</td>
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<tr>
<td></td>
<td>10-13: 19.5%</td>
<td></td>
<td>Multiracial: 10.5%</td>
<td>Unknown: 12.7%</td>
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<tr>
<td></td>
<td>15-19: 28.5%</td>
<td></td>
<td>Asian: 5.7%</td>
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<tr>
<td><strong>EARLY CHILD</strong></td>
<td>AGE</td>
<td>GENDER</td>
<td>RACE</td>
<td>ETHNICITY</td>
<td><strong>AND EDUCATION</strong></td>
<td><strong>AND EDUCATION</strong></td>
<td><strong>AND EDUCATION</strong></td>
<td><strong>AND EDUCATION</strong></td>
</tr>
<tr>
<td></td>
<td>6 Weeks - 5 Years: 100%</td>
<td>Female: 51.2%</td>
<td>White: 51.5%</td>
<td>Non-Hispanic: 45%</td>
<td></td>
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<tr>
<td></td>
<td></td>
<td>Male: 49.6%</td>
<td>Black or African American: 25.6%</td>
<td>Hispanic: 19%</td>
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<td></td>
<td></td>
<td></td>
<td>Multiracial: 13.2%</td>
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<td></td>
<td></td>
<td></td>
<td>Asian: 2.3%</td>
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<tr>
<td><strong>FAMILY RESOURCE</strong></td>
<td>AGE</td>
<td>GENDER</td>
<td>RACE</td>
<td>ETHNICITY</td>
<td><strong>CENTERS</strong></td>
<td><strong>CENTERS</strong></td>
<td><strong>CENTERS</strong></td>
<td><strong>CENTERS</strong></td>
</tr>
<tr>
<td></td>
<td>0-1: 2.3%</td>
<td>Female: 57%</td>
<td>White: 49.6%</td>
<td>Hispanic: 54.7%</td>
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<tr>
<td></td>
<td>1-2: 4.3%</td>
<td>Male: 25.4%</td>
<td>Black or African American: 25.6%</td>
<td>Non-Hispanic: 45.7%</td>
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<td></td>
<td>2-3: 2.3%</td>
<td></td>
<td>Multiracial: 5.4%</td>
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<tr>
<td></td>
<td>3-4: 5.5%</td>
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<td>Other: 25.6%</td>
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<td></td>
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<tr>
<td></td>
<td>4-5: 5.9%</td>
<td></td>
<td>Asian: 2.3%</td>
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<td></td>
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<tr>
<td><strong>HEALTHY FUTURES</strong></td>
<td>AGE</td>
<td>GENDER</td>
<td>RACE</td>
<td>ETHNICITY</td>
<td><strong>30 Clients Served</strong></td>
<td><strong>30 Clients Served</strong></td>
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<tr>
<td></td>
<td>&lt;1: 56.7%</td>
<td>Male: 53%</td>
<td>White: 66.7%</td>
<td>Non-Hispanic: 66.7%</td>
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<tr>
<td></td>
<td>1-2: 6.7%</td>
<td>Female: 47%</td>
<td>Black or African American: 10%</td>
<td>Hispanic: 33.3%</td>
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<tr>
<td></td>
<td>3-5: 40%</td>
<td></td>
<td>Asian: 10%</td>
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</tbody>
</table>
QUALITY

Ensure excellence and best practice.

When patients and client families interact with CFA, they come with high expectations. From our commitment to best practice to our warm and knowledgeable client support specialists, we strive for excellence in every aspect of our organization.

Evidence-Based Practices

Evidence-Based Practices (EBP) are the integration of A) clinical expertise and expert opinion B) the best available information gathered from scientific literature and from data and observation, and C) patient and caregiver perspectives. When all three components are considered together, CFA clinicians make informed, evidence-based decisions, and provide high-quality services reflecting the interests, values, and needs of individual clients.

CFA utilizes the following EBPs to help our clients manage and resolve a variety of diagnoses including trauma, anxiety, and depression: Modular Approach to Therapy for Children with Anxiety, Depression, Trauma, or Conduct Problems (MATCH-ADTC), Trauma-Focused Cognitive Behavioral Therapy (TF-CBT), Attachment, Regulation, and Competency (ARC), Child-Parent Psychotherapy, Eye Movement Desensitization and Reprocessing (EMDR), Parent-Child Interaction Therapy (PCIT), and Motivational Interviewing.

Accredited Services

New London County is considered a “childcare desert”, further defined as any census tract with fewer licensed childcare spots than children requiring services. At CFA, we believe in providing a safe, nurturing environment where children are free to learn and develop while preparing for school and life success, regardless of a family’s ability to pay. CFA’s childcare centers in New London and Groton are licensed by the Office of Early Childhood and, in 2022, achieved re-accreditation by the National Association for the Education of Young Children after a vigorous review.

Expanding Our Reach

In 2022, CFA developed a white paper, “Pawcatuck Child Guidance Clinic”. The paper provided an analysis of the socio-economic challenges in Pawcatuck, CT, a borough of Stonington, CT and the disparity of access to high-quality behavioral health services. Its recommendation to improve access to vital behavioral health and medical services by establishing a CFA operated Outpatient Behavioral Health Clinic and Community Bridge Clinic are based on a comprehensive landscape assessment.
COMPASSION

Provide a safe space to be heard, understood, and supported

At CFA, we believe that empathy and compassion play a vital role in consumers’ experiences and are key components of the CFA-client relationship.

Clients and caregivers want to know they are receiving the very best care, and that is conveyed when their care team is empathetic and compassionate.

Treating each other with kindness is a powerful way to influence health. It is reshaping the way our community thinks about quality healthcare and actively leads to better outcomes for patients and caregivers alike.

Accessibility

The Agency’s first Outpatient Behavioral Health Clinic was established in Essex in 1986, and was designated as a Child Guidance Clinic for southern Middlesex County. After 36 years of serving southern Middlesex County through our Essex-based Clinic, CFA relocated to Westbrook, CT, in response to changing community need. This new and improved location includes all the same integral services while improving patient access to clinical care, diagnostics, therapies, and treatment that offer an improved quality of life. It will also increase accessibility to our services through proximity to the bus line.

Perinatal EMDR

Pregnancy is a profound experience of physiological and psychological change. Understanding how past trauma impacts pregnancy and parenting is essential. Early intervention is key to supporting mothers, breaking cycles of generational trauma, and developing healthy families. This therapy improves internal resources for expectant mothers, monitors levels of psychological distress, enables access to and processing of traumatic memories or adverse life experiences, and other concerns. CFA is the first behavioral health provider in Southern CT to provide Perinatal EMDR services.

2022 Friends of Groton Education Award

Betsy Gaffney, FNP, APRN worked in Child & Family Agency’s School-Based Health Center Program from 2017-2022, most recently at Catherine Kolnaski STEAM Magnet School. She retired this school year. Betsy was a role-model for the Nurse Practitioners at CFA, providing training, orientations, and clinical support for staff. She was nominated by several staff and the principal at Catherine Kolnaski STEAM Magnet School for this award.
RESPECT

Honor each person’s self-worth and unique perspective

We know that when our employees feel appreciated and empowered, the people we serve will, too. Our passion for our mission, our employees, and our clients is central to everything we do.

Family Voice

Family voice is vital to the services provided by CFA. We work to create opportunities for the voices of families to be heard, whether it is regarding treatment for themselves, their child, or their family. Seeking input from client families allows CFA to provide information, resources so clients feel comfortable and confident when advocating for themselves, their family, or to improve services and supports. Additionally, families have often navigated a variety of healthcare systems so they can provide valuable feedback about CFA policies and procedures.

Staff Engagement Survey

Child and Family Agency strives to elevate the quality of services we provide, and enhance the experience of our customers and employees. This annual survey creates the opportunity for critical feedback on the organization’s culture and operations and assists CFA’s Office of Performance and Quality Improvement in gathering essential feedback from our valued employees. Staff engagement is essential to CFA continuing to growing

STAFF HIGHLIGHT

CFA value Respect is embodied by CFA staff member, Paula Esposito, Client Support Liaison.

“I have had the absolute pleasure to work with Paula at CFA. Her kindness and willingness to help out in all situations is truly astonishing. Paula exudes endless respect towards others; co-workers and clients alike. There have been multiple occasions that I have asked Paula to assist me in engaging or re-engaging a family because I know that no matter how difficult the situation, my clients will feel heard, valued, and validated by Paula. When you are around Paula, you just feel better because you know that she really sees you and your strengths.”

Paula Esposito
Client Support Liaison
INTEGRITY

Prioritize highest values and accountability

At CFA, integrity and accountability are more than just words; they are cornerstones of our organization. We make our client families a priority and are accountable and open in all of our business practices.

Continuous Quality Improvement

The Office of Performance and Quality Improvement uses data for decision-making across all CFA services, measuring and reporting progress towards meeting strategic objectives, and engages in quality improvement to strengthen and build capacity to best serve our communities. Housed in this Office are the robust regulatory compliance and quality assurance specialists, who assist with the implementation and enhancement of internal documentations and meeting quality standards.

Organizational Development Subcommittee

The Organizational Development Subcommittee is responsible for reviewing available and newly developed training offerings through Relias, a healthcare training, and performance solutions platform, which will further develop staff awareness of racial justice and cultural sensitivity. Training will be added to the new hire On-boarding Process and to the Annual Requirements and Optional Requirements for staff.

Additionally, this subcommittee conducts a review of the Agency’s policies and procedures, with a specific focus on language and practice to assure best practices.

Anna Goddard, PhD, APRN, CPNP-PC

In March of 2022, CFA hired Anna Goddard, PhD, APRN, CPNP-PC, Managing Director of Medical Services and Quality Improvement, to oversee our medical services and quality improvement work. This position helps us ensure we are operating in full compliance with the laws, regulations, and policies that govern behavioral health and medical service delivery. Anna ensures transparency is front and center in the minds of CFA employees and that we are adhering to these legal and regulatory requirements.

Anna Goddard, PhD, APRN, CPNP-PC
Managing Director of Medical Services & Quality Improvement

11 | 2021 Child and Family Agency Impact Report
INCLUSION

Foster a culture that reflects and embraces diverse communities

As CFA continues to grow, our commitment to the people we serve remains central to all we do. We are deeply grateful to our generous donors and hardworking CFA employees who, since 1972, have helped us serve thousands of childcare families, community members living with behavioral health and medical challenges. This year, we implemented three core subcommittees to enhance CFA’s services and foster a culture reflective of the communities we serve.

IDEAS

IDEAS (Inclusion, Diversity, Equity, Anti-racism, and Social Justice) is comprised of volunteer staff members who support the CQI Steering Committee’s work to provide culturally and linguistically appropriate services to our clients and promote and support equitable services. The team responds to the changing social climate, as well as the escalating concerns regarding social justice.

Support for Bi-Lingual Clinical Staff Subcommittee: in order to provide quality services, it is essential that our employees are able to connect with client families. This subcommittee reviews CFA supports for bi-lingual clinical staff to achieve stronger staff retention and professional growth. In 2022, all Spanish bi-lingual clinical staff were issued a copy of “An English-Spanish Manual for Mental Health Professionals” and stipends for bilingual staff were modified and enhanced.

Integrating a Racial Justice Framework into CFA Services Subcommittee: is responsible for reviewing available training models to support an ongoing integration of awareness and skill development into CFA’s Mental Health, Medical, and Early Childcare services. The Agency offered racial justice training open to all staff members through the CT company, Welcome2Reality. CFA is working with Promoting Good on a plan to ignite the agency’s commitment to Diversity, Equity, Inclusion, and Belonging (DEIB).

Meeting the Needs of LGBTQIA+ Youth and Families

In October of 2022 CFA implemented an LGBTQIA+ training through an intersectional lens for all behavioral health, medical, and client support specialist staff.

Organizational Development Subcommittee: reviews available and newly developed trainings through Relias (a healthcare training and performance solutions platform) in order to increase staffs’ awareness of racial justice and cultural sensitivity. CFA has updated its on-boarding process and revived its policies and procedures with a specific focus on language and best practice.
TRANSPARENCY

Be open, honest, and trustworthy

2022-2025 Strategic Plan

In 2022, a committee comprised of CFA board, leadership, and staff worked with Clarus Group, to create a new two year strategic plan for the Agency.

The 2022 - 2025 strategic plan is comprised of four strategic priorities, Organizational Health, Resources and Sustainability, Quality Services, and Community Engagement. Each priority includes measurable goals and objectives which are reported on quarterly.

Transparency in Services

At CFA, we view our clients and their family members as full partners and welcome their input in decision making or expressing opinions.

Assessment and Diagnosis

Patient participation empowers clients and improves overall health outcomes. That’s why CFA is dedicated to partnering with the client or client family through every step of a patient’s therapeutic journey.

From the moment clients seek services, they are provided a diagnosis and full treatment plan. This plan is reviewed every 90 days, making patients actively involved and invested in their therapeutic gains. During review, the client and their caregiver provide feedback through the Ohio Scales for Youth. Treatment plans and updates are signed by both the clinical staff and patient, ensuring transparency and accountability.

Parent Conferences

CFA’s Early Childcare and Education centers meet with parents within the first 30 days of a child’s enrollment to discuss development, progress in the program, and parents hopes for their children while in our care. Conferences continue every three months.
The Ohio Scales for Youth are brief measures of outcome for youth receiving mental health services. The scales include a 20 item Problem Severity scale and a 20 item Functioning scale rated from the youth, parent, and clinical perspective.
ADAPTABILITY

Courageously evolve, renew, and improve

We continually develop and support new and pioneering programming to ensure we meet the evolving needs of our communities:

**Healthy Futures**

Available Middlesex County, Healthy Futures is a program for expecting parents and families with children, birth - 5 years old. In partnership with Middlesex Health and the CT Community Doulas, Healthy Futures advises families on their child’s developmental milestones, offers parental support, and creates rich connection experiences for parents and children.

**Community Bridge Clinic**

In 2021, CFA established the Community Bridge Clinic, a transformative community-based trauma-informed family health center that offers medical care to southern Connecticut residents. The Bridge Clinics create linkages to high-risk, vulnerable populations who often avoid or do not have access to the larger medical establishments. The wraparound process is a type of individualized, team-based care coordination that has become central to reforming the medical care available to our region.

**Parent-Child Interaction Therapy (PCIT)**

As partners of the CT Department of Children and Families (DCF), CFA provides Child Welfare services to families challenged by child abuse or neglect. In February of 2022, CFA received a grant from the Community Foundation of Eastern CT to include the evidence-based PCIT intervention into Intensive Family Preservation (IFP) and Reunification-Therapeutic Family Time (RTFT) therapy services.

**Early Childhood Mental Health Consultant**

Positive early childhood experiences provide resilient “brain architecture”, which supports a broad range of skills and learning capacities, including laying the foundation for sound mental health. In 2022, CFA introduced an Early Childhood Mental Health Consultant, Jewell Jones, in partnership with the city of New London. Jewell is embedded into preschool classrooms with NL School Readiness slots. She plays a vital role by highlighting the interconnection of family and educators in childhood development. She provides developmentally-appropriate support, psycho-education, and referrals. Services are available at no cost, ensuring that we reach the most vulnerable populations. The program is so impactful, the city of New London has renewed and expanded funding for the 2022-2023 school year.
CFA provides outpatient mental health services to families, children, and adults.

We provide psychiatry and psychotherapy services through evidence-based therapies to address depression, family conflict, anxiety, trauma and more.

98.1% of all clients treated improved or maintained their mental health status without needing a higher level of care.

92.3% of Outpatient staff are trained in at least one Evidence-based Practice. 38.4% are trained in two or more.

Community-Based Services support families who are in significant distress and need a higher level of care than outpatient services can provide.

91.8% of Multidimensional Family Therapy (MDFT) youth had no new arrests as a result of MDFT involvement in FY22.

98% of Functional Family Therapy (FFT) parents report that FFT clinicians helped them no matter what.

Child Welfare Services work in partnership with the Department of Children and Families to provide treatment and support to families negatively impacted by child abuse and neglect and/or Intimate Partner Violence

In the Intimate Partner Violence program, 72% of couples who participated met their treatment goals.

81.2% of males who engaged in Intensive Family Preservation met treatment goals for FY22, demonstrating strong engagement with fathers.
SCHOOL-BASED HEALTH CENTERS

In FY 2022, CFA operated 13 School-Based Health Centers. These centers provide behavioral health care and supplement the medical care received from a child’s primary care physician.

5,019 medical visits and 6,920 behavioral health visits conducted.

Medical services screened 606 clients over age 12 for clinical depression, allowing for immediate referral to critical behavioral health services.

NEW PROGRAM COMMUNITY BRIDGE CLINIC

Community Bridge Clinic (CBC) offers high-quality medical care and on-site behavioral health referrals for children and adult residents of southeastern CT. We provide a “bridge” for much needed services between behavioral health, physical health, and finding a primary medical home. The CBC also provides an easy access location for acute health visits (URI, strep tests, etc.) to help our community not miss work and stay out of the emergency room.

Outpatient Medical Services:

- Acute Care
- Physicals (Annual, School, Sports, Employment)
- Reproductive Health
- Sexually Transmitted Infections (STI) testing
- Referrals for specialists and care coordination
- Mental Health Screenings
- Prescriptions and Labs
- Vaccines
- Educational support for healthy lifestyle habits
EARLY CHILDCARE AND EDUCATION

Through our two centers, our Associate and Bachelor level teachers provide a play-based curriculum that meets the individual needs of each child, helping them to meet developmental milestones and prepare for school.

86% of the children served met all of their social/emotional, cognitive, physical and creative expression developmental milestones.

6 preschool children and 3 infants/toddlers were successfully referred and received developmental supports with the Public Schools and Birth to Three Services.

FAMILY RESOURCE CENTERS

Family Resource Centers provide access for Groton and New London families to a broad continuum of early childhood and family support services which foster the optimal development of children and families.

100% of Learner Engagement and Attendance Program (LEAP) families were provided information on resources that help them reach their goals and address their needs.

75% of families served met their developmental milestones.

HEALTHY FUTURES

Healthy Futures is a program for expecting parents and families with children, birth – 5 years old.

87% of enrolled families were connected to resources that help them reach their goals and address their needs.

71% of newly enrolled children received a complete initial child developmental screening within 90 days of enrollment.
WAYS TO GIVE

Your donations are more important than ever as clients’ need for financial assistance for their out-of-pocket cost for treatment and services continues to grow. You can specify that your gift go to one of our programs or give an unrestricted gift, which allows us to direct the monies toward the greatest need. All gifts are tax-deductible.

CFA’S MONTHLY GIVING PROGRAM
Through a monthly commitment, our monthly donors provide crucial, consistent funding so that we can continue to help thousands of people who desperately need it. Learn more at ChildandFamilyAgency.org/monthly-donors/

ONLINE: Go to www.childandfamilyagency.org/donate to donate directly through our website. You can also donate in honor or memory of someone.

PHONE:
To donate over the phone, please call (860) 457-4550 to speak with someone from our Advancement Department.

LEGACY GIVING:
Leave a Legacy and make a lasting impact by including CFA in your estate plans. Visit childandfamilyagency.org/leaving-a-legacy to learn more.

EMPLOYER MATCHING:
Double your impact. Many employers will match tax deductible charitable contributions made by their employees, retirees, and employees’ spouses. Ask your current employer about this opportunity to support a worthy cause!

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Weiss Furniture & Sleep Shop
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<tr>
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